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**Shame and TCTS-related professional activity**

(as of 8/19/26)

**PUBLICATIONS**

**Psychological Instrument**

Thurston, N. S., & Cradock O’Leary, J. (2021). *The Thurston Cradock Test of Shame (TCTS)*. www.testofshame.com. (Originally published by Western Psychological Services, 2009)

**Professional Journals**

Kelley, D., Cradock O’Leary, J., Aschieri, F. and Finn, S. E. (2026). Breaking the Silence: Using Therapeutic Assessment to Give Voice to Shame and Trauma. A Single-Case Repeated-Measures Design. *Journal of Personality Assessment*, 31, 1-13.  
<https://doi.org/10.1080/00223891.2026.2649229>

Cradock O’Leary, J., Finn, S. E., & Nakamura, N. (2020). The Thurston Cradock Test of Shame as a Crucial “Empathy Magnifier;” A Therapeutic Assessment of a Teenager and Her Parents. *Rorschachiana*, 41 (2), 144-161. <https://www.doi.org/10.1027/1192-5604/a000128>

Cradock O’Leary, J., Kelley, D., & Parrish, C. (2020). From Swallowing to Savoring Emotions: A Therapeutic Assessment Case using the Thurston Cradock Test of Shame as an Assessment Intervention. *Rorschachiana*, 41 (2), 181-199. <https://www.doi.org/10.1027/1192-5604/a000130>

**Professional Newsletters**

Kelley, D. & Cradock O’Leary, J. (2026). A Summary of “Breaking the Silence”: a recently published case study using Therapeutic Assessment to treat trauma and shame. *The TA Connection: Resources for Therapeutic Assessment Professionals*, 14 (1), 31-34.

Cradock O’Leary, J., Turret, J., Kelley, D., & Grossman, S. (2025). Avoidance as a signpost of shame: How easily dismissed details guide assessors toward the shame no one wants to acknowledge. *The TA Connection: Resources for Therapeutic Assessment Professionals*, 13 (1), 20-29.

Cradock O’Leary, J. (2022). Test review: Thurston Cradock Test of Shame (TCTS). *The Bulletin: International Society of the Rorschach and Projective Methods*, 32 (1), 27-28.

Cradock O’Leary, J. (2021). “Mining for shame” with the Thurston Cradock Test of Shame. *Colorado Assessment Society Newsletter*, 1 (2), 7-8.

Craddock O'Leary, J. (2017). Using the Thurston Craddock Test of Shame to uncover shame dynamics in therapy and assessment. *The TA Connection: Resources for Therapeutic Assessment Professionals*, 5, 4-8.

## **PRESENTATIONS**

### **Professional Conferences**

Craddock O'Leary, J. (2026, March). What the literature tells us about shame in supervision. Paper presented in J. Craddock O'Leary (Chair), *"Inevitable shame dynamics in supervision: Reflections, dialogue and resources"*. Roundtable discussion presented at the annual convention of the Society for Personality Assessment, Toronto, ON

Craddock O'Leary, J. (2026, March). Shame dynamics in forensic settings. Paper presented in J. Craddock O'Leary (Chair), *"Using the Thurston Craddock Test of Shame in forensic settings"*. Symposium presented at the annual convention of the Society for Personality Assessment, Toronto, ON

Craddock O'Leary, J. (2026, March). The client's TCTS. Paper presented in N. Nakamura (Chair), *"Therapeutic Assessment case study 'in-progress'"*. Symposium presented at the annual convention of the Society for Personality Assessment, Toronto, ON

Craddock O'Leary, J., Kelley, D., Aschieri, F., Finn, S.E. (2026, March). Breaking the silence: Using Therapeutic Assessment to give voice to shame and trauma. A single case repeated measures design. Poster presented at the annual convention of the Society for Personality Assessment, Toronto, ON

Craddock O'Leary, J. (2025, October). Presentación del test TCTS. Paper presented in E. Pais (Chair), *¿Por qué visibilizar el sentimiento de vergüenza en la clínica?* Symposium presented at the XXVII Congreso Nacional de Psicodiagnóstico XXXIV Jornadas Nacionales, Buenos Aires, Argentina

Craddock O'Leary, J. (2025, June). Signposts of shame and avoidance: How assessors can identify shame defenses and guide clients toward self-compassion. Paper presented in J. Craddock O'Leary (Chair), *Navigating through defenses to arrive at core shame*. Case discussion presented at the 4<sup>th</sup> International Collaborative/Therapeutic Assessment conference, Salt Lake City, UT

Craddock O'Leary, J. (2025, June). Using the TCTS to clarify interpersonal shame dynamics. Paper presented in N. Nakamura (Chair), *"Recognizing shame through psychological tests."* Symposium presented at the 4<sup>th</sup> International Collaborative/Therapeutic Assessment conference, Salt Lake City, UT

Craddock O'Leary, J., Crisi, A., Murakami, M., Denman, M. (2025, June). Identifying Crisi Wartegg System (CWS) scores that correlate with shame dynamics on the Thurston Craddock Test of Shame (TCTS): A pilot study. Poster presented at the 4<sup>th</sup> International Collaborative/Therapeutic Assessment conference, Salt Lake City, UT

Craddock O'Leary, J., Kelley, D., Aschieri, F., Finn, S.E. (2025, June). Untangling trauma and shame dynamics via Therapeutic Assessment: A single-case study using a time-series design. Poster presented at the 4<sup>th</sup> International Collaborative/Therapeutic Assessment conference, Salt Lake City, UT

Jenny, E. B., Parrish, C. and Craddock O'Leary, J. (2025, June). Identification of Rorschach (R-PAS and CS) determinants that correlate with shame dynamics on the Thurston Craddock Test of Shame (TCTS). Poster presented at the 4<sup>th</sup> International Collaborative/Therapeutic Assessment conference, Salt Lake City, UT

Craddock O'Leary, J. (2025, March). Signposts of shame and avoidance: How assessors can identify shame defenses and guide clients toward self-compassion. Paper presented in J. Craddock O'Leary (Chair), "*Multimethod assessment as GPS: Navigating through defenses to arrive at core shame.*" Case discussion presented at the annual convention of the Society for Personality Assessment, Denver, CO

Craddock O'Leary, J., Crisi, A., Murakami, M., Denman, M. (2025, March). Identifying Crisi Wartegg System (CWS) scores that correlate with shame dynamics on the Thurston Craddock Test of Shame (TCTS): A pilot study. Poster presented at the annual convention of the Society for Personality Assessment, Denver, CO

Craddock O'Leary, J. (2024, July). The Thurston Craddock Test of Shame: A brief primer. Paper presented in J. Craddock O'Leary (Chair), "*An introduction to the Thurston Craddock Test of Shame (TCTS).*" Symposium conducted at the Congress of the International Society of the Rorschach and Projective Methods, Copenhagen, Denmark

Craddock O'Leary, J. (2024, July). Shame as the "sleeper in psychopathology": What evaluators and clinicians need to know. Paper presented in J. Craddock O'Leary (Chair), "*An introduction to the Thurston Craddock Test of Shame (TCTS).*" Symposium conducted at the Congress of the International Society of the Rorschach and Projective Methods, Copenhagen, Denmark

Craddock O'Leary, J. (2024, July). Stimulus cards as activators and containers: How the TCTS helped a client access her shame. Paper presented in S. E. Finn (Chair), "*Multi-method Collaborative Assessment of a Client with Severe Shame.*" Symposium conducted at the Congress of the International Society of the Rorschach and Projective Methods, Copenhagen, Denmark

Craddock O'Leary, J. (2024, July). When projective assessment brings dawn to the darkness of trauma. Paper presented in J. Craddock O'Leary (Chair), "*Using projective methods to clarify trauma dynamics and related defensive structures.*" Symposium conducted at the Congress of the International Society of the Rorschach and Projective Methods, Copenhagen, Denmark

Jenny, E. B., Parrish, C., York, D., Craddock O'Leary, J. (2024, July). Identification of Rorschach determinants that correlate with shame dynamics on the Thurston Craddock Test of Shame (TCTS). Poster presented at the 2024 Congress of the International Society of the Rorschach and Projective Methods, Copenhagen, Denmark

Cradock O'Leary, J. (2024, March). Using the Thurston Cradock Test of Shame (TCTS) to uncover hidden dynamics in personality assessment. Workshop presented at the annual convention of the Society for Personality Assessment, San Diego, CA

Cradock O'Leary, J. (2023, April). Chair. *"Clinical cases that illustrate the power of using the Rorschach and Thurston Cradock Test of Shame (TCTS) together."* Case discussion presented at the annual convention of the Society for Personality Assessment, Austin, TX

Jenny, E. B., Parrish, C. and Cradock O'Leary, J. (2023, March). Identification of Rorschach determinants that correlate with shame dynamics on the Thurston Cradock Test of Shame (TCTS): A pilot study. Poster presented at the annual convention of the Society for Personality Assessment, Austin, TX

Cradock O'Leary, J. (2022, July). When Rorschach and TCTS data come together, a clearer picture emerges. Paper presented in J. Cradock O'Leary (Chair), *"Seven cases that illustrate the power of using the Rorschach and Thurston Cradock Test of Shame (TCTS) together."* Symposium conducted at the Congress of the International Society of the Rorschach and Projective Methods, Geneva, Switzerland

Cradock O'Leary, J. (2022, July). "The little girl and the dog hurt my heart." When TCTS characters provide an entry point to self-compassion. Paper presented in S. E. Finn (Chair), *"The therapeutic power of the Rorschach and other projective tests."* Symposium conducted at the Congress of the International Society of the Rorschach and Projective Methods, Geneva, Switzerland

Cradock O'Leary J. (2022, July). Evaluating the "sleeper in psychopathology" with the Thurston Cradock Test of Shame (TCTS). Workshop was to be presented at the 2022 Congress of the International Society of the Rorschach and Projective Methods, Geneva, Switzerland (Workshop canceled)

Cradock O'Leary, J. (2022, March). "I think it slowly builds on your skin and you can't get out of your head that you failed at something": Scrambling to engage defenses against shame. Paper presented in J. Cradock O'Leary (Chair), *"Going down rabbit holes in the basement": Using collaborative, multimethod assessment to clarify a case of ADHD in an adolescent.* Case discussion conducted at the annual convention of the Society for Personality Assessment, Chicago, IL

Cradock O'Leary, J. (2022, March). When shame eclipses hope: Finding, holding, and building hope when your client cannot. Paper presented in D. Engleman (Chair), *Reigniting the Flame of Hope: CTA Approaches to Attachment, Shame, and Suicide.* Case discussion conducted at the annual convention of the Society for Personality Assessment, Chicago, IL

Cradock O'Leary, J. (2021, December). Using the Thurston Cradock Test of Shame (TCTS) in Therapeutic Assessment: From administration through Assessment Intervention Session. Webinar presented via Zoom at the 3<sup>rd</sup> International Collaborative/Therapeutic Assessment Conference

Cradock O'Leary, J. (2021, October). Special considerations when using the TCTS with children and adolescents. Paper presented in J. Cradock O'Leary (Chair), *"Ghost in the graveyard! Run, run, run!" Discovering the hiding places of defenses by using the TCTS with children and adolescents*. Case discussion conducted at the 3<sup>rd</sup> International Collaborative/Therapeutic Assessment Conference, virtual platform

Cradock O'Leary, J. (2021, October). Family shame dynamics in hikikomori: Integrating TCTS protocols of an adolescent and his parents. Paper presented in J. Cradock O'Leary (Chair), *A window into Hikikomori, an increasingly global syndrome of shutting out society*. Case discussion conducted at the 3<sup>rd</sup> International Collaborative/Therapeutic Assessment Conference, virtual platform

Cradock O'Leary, J. (2021, September). "I don't know the ending": The TCTS illustrates uncertainty and tentativeness in the face of affect. Paper presented in J. Cradock O'Leary (Chair), *"I don't want to talk about it. They went inside.": From Swallowing to Savoring Emotions through Collaborative/Therapeutic Assessment*. Case discussion conducted at the 3<sup>rd</sup> International Collaborative/Therapeutic Assessment Conference, virtual platform

Cradock O'Leary, J. (2021, March). Family shame dynamics in hikikomori: Integrating TCTS protocols of an adolescent and his parents. Paper presented in J. Cradock O'Leary (Chair), *A window into Hikikomori, an increasingly global syndrome of shutting out society*. Case discussion conducted at the annual convention of the Society for Personality Assessment, virtual platform

Cradock O'Leary, J. (2021, March). Special considerations when using the TCTS with children and adolescents. Paper presented in J. Cradock O'Leary (Chair), *"Ghost in the graveyard! Run, run, run!" Discovering the hiding places of defenses by using the TCTS with children and adolescents*. Case discussion conducted at the annual convention of the Society for Personality Assessment, virtual platform

Cradock O'Leary, J. (2020, June). Using the Thurston Cradock Test of Shame (TCTS) in Therapeutic Assessment: From administration through Assessment Intervention Session. Workshop was to be presented at the 3<sup>rd</sup> International Collaborative/Therapeutic Assessment Conference, Denver, CO (Conference postponed)

Cradock O'Leary, J. (2020, March). Family shame dynamics in hikikomori: Integrating TCTS protocols of an adolescent and his parents. Paper was to be presented in J. Cradock O'Leary (Chair), *A window into Hikikomori, an increasingly global syndrome of shutting out society*. Case discussion was to be conducted at the annual convention of the Society for Personality Assessment, San Diego, CA (Conference canceled)

Cradock O'Leary, J. (2020, March). "I don't know the ending": The TCTS illustrates uncertainty and tentativeness in the face of affect. Paper was to be presented in J. Cradock O'Leary (Chair), *"I don't want to talk about it. They went inside.": From Swallowing to Savoring Emotions through Collaborative/Therapeutic Assessment*. Case discussion was to be conducted at the

annual convention of the Society for Personality Assessment, San Diego, CA (Conference canceled)

Cradock O'Leary, J. (2019, March). A brief review of the Thurston Cradock Test of Shame (TCTS). Paper presented in J. Cradock O'Leary (Chair), *Hide and seek: Uncovering shame in psychological assessment*. Symposium conducted at the annual convention of the Society for Personality Assessment, New Orleans, LA

Nakamura, N. & Cradock O'Leary, J. (2019, March). How Therapeutic Assessment helped foster understanding of a teenager and her family living abroad: Confusion, Chaos and Confession. Paper presented in J. Cradock O'Leary (Chair), *Hide and seek: Uncovering shame in psychological assessment*. Symposium conducted at the annual convention of the Society for Personality Assessment, New Orleans, LA

Cradock O'Leary, J. (2018, March). *Using the Thurston Cradock Test of Shame to address shame and depression: A case study*. Poster presented at the annual convention of the Society for Personality Assessment, Washington, DC

Cradock O'Leary, J. (2017, September). Evaluating Shame with the Thurston Cradock Test of Shame. Paper presented in J. Cradock O'Leary (Chair), *Using the Thurston Cradock Test of Shame (TCTS) in Collaborative/Therapeutic Assessment*. Symposium conducted at the 2<sup>nd</sup> International Collaborative/Therapeutic Assessment Conference, Austin, TX

Cradock O'Leary, J. (2017, September). *The relationship between shame and depression as seen in the Thurston Cradock Test of Shame*. Poster presented at the 2<sup>nd</sup> International Collaborative/Therapeutic Assessment Conference, Austin, TX

Cradock O'Leary, J., Thurston, N. S., & Bufford, R. K. (2012, April). *Gender differences in experiencing shame*. Poster presented at the 92<sup>nd</sup> annual convention of the Western Psychological Association, Burlingame, CA

Cradock O'Leary, J. (2012, January). *Identifying and treating shame in psychotherapy*. Workshop presented at the 2012 continuing education conference of the Alaska Psychological Association, Anchorage, AK

Cradock O'Leary, J. (2011, May). *Shame and the treatment of addictions*. Workshop presented at the 37<sup>th</sup> annual school on addictions and behavioral health of the Alaska Addiction Professionals Association, Anchorage, AK

Cradock O'Leary, J. (2011, April). *Hide and go seek: Uncovering and understanding shame dynamics with the Thurston Cradock Test of Shame (TCTS)*. Workshop presented at the annual conference of the Alaska Association for Play Therapy, Anchorage, AK

Cradock O'Leary, J. (2011, March). *Beyond Rudolph and Cinderella: Evaluating and treating shame in play therapy*. Workshop presented at the annual conference of the Alaska Association for Play Therapy, Anchorage, AK

Cradock O'Leary, J., & Thurston, N. S. (2010, April). *Evaluating the relationship between social desirability and shame*. Poster presented at the 90th annual convention of the Western Psychological Association, Cancun, Mexico

Cradock O'Leary, J. (2009, October). *Shame in the medical setting: Implications for clinicians*. Workshop presented at the 23<sup>rd</sup> annual conference of the National Association of Social Workers Alaska Chapter and Alaska Counseling Association, Anchorage, AK

Cradock O'Leary, J., Thurston, N. S., Moore, K. A., Conlon, K., Jenkins, D. D., & Bufford, R. K. (2009, April). *Are shame and depression related? Understanding their dynamics*. Poster presented at the 89<sup>th</sup> annual convention of the Western Psychological Association, Portland, OR

Custer, P. J., Thurston, N. S., & Cradock O'Leary, J. (2009, April). *Shameful or shameless? Evaluating shame in sexual offenders*. Poster presented at the 89<sup>th</sup> annual convention of the Western Psychological Association, Portland, OR

Neudeck, J. A., Thurston, N. S., & Cradock O'Leary, J. (2009, April). *Evaluating shame in adults with severe mental illness*. Poster presented at the 89<sup>th</sup> annual convention of the Western Psychological Association, Portland, OR

Thurston, N. S., Cradock O'Leary, J., Moore, K. A., Conlon, K., Jenkins, D. D., & Bufford, R. K. (2009, April). *Evaluating the relationship between empathy and shame*. Poster presented at the 89<sup>th</sup> annual convention of the Western Psychological Association, Portland, OR

Cradock O'Leary, J. (2009, March). *Beyond Rudolph and Cinderella: Treating shame in play therapy*. Workshop presented at the 4th annual conference of the Southern California Regional Play Therapy Association, Rancho Cucamonga, CA

Cradock O'Leary, J. (2008, October). *Beyond Rudolph and Cinderella: Treating shame in play therapy*. Workshop presented at the 25<sup>th</sup> annual conference of the International Play Therapy Association, Dallas, TX

Cradock O'Leary, J. (2008, October). *Evaluating and repairing shame in psychotherapy*. Workshop presented at the 22<sup>nd</sup> annual conference of the National Association of Social Workers Alaska Chapter and the Alaska Counseling Association, Anchorage, AK

Cradock O'Leary, J. (2008, August). *Evaluating shame in persons with severe mental illness*. Poster presented at the 116<sup>th</sup> annual convention of the American Psychological Association, Boston, MA

Thurston, N., Mauldin, J., O'Friel, M., Boyd, J., Henry, N. & Cradock O'Leary, J. (2004, August). *Shame across cultures: A study of Hawaiian, British, and mainland American children*. Presentation made at the 112<sup>th</sup> annual convention of the American Psychological Association, Honolulu, HI

Cradock, J. A., & Thurston, N. S. (2001, May). The Thurston-Cradock Test of Shame: Its development and utility. Paper presented in N. S. Thurston (Chair), *Shame in adolescence: Validation studies with a new projective measure*. Symposium conducted at the 81<sup>st</sup> Annual Convention of the Western Psychological Association, Maui, HI

Cradock, J. A. (2001, May). Discussant. In N. S. Thurston, (Chair), *Shame in adolescence: Validation studies with a new projective measure*. Symposium conducted at the 81<sup>st</sup> Annual Convention of the Western Psychological Association, Maui, HI

Cradock, J. A., & Thurston, N. S. (1998, June). Assessment of shame with the Thurston-Cradock Test (TCT). Paper presented in J. A. Cradock (Chair), *Shame: Effective assessment and implications for Christian therapists*. Symposium conducted at the annual meeting of the Christian Association for Psychological Studies West Region, Rosemead, CA

Thurston, N. S., & Cradock, J. A. (1998, February). *Projective assessment of shame with the Thurston-Cradock Test (TCT)*. Paper presented at the annual midwinter meeting of the Society for Personality Assessment, Boston, MA

Vaccaro, G. D., & Cradock, J. (1996, August). Group treatment for shame with persistently mentally ill persons. Paper presented in N. S. Thurston, (Chair), *Shame reduction group therapy: Interventions with three populations*. Symposium presented at the 104th annual convention of the American Psychological Association, Toronto, Ontario, Canada

### **Clinical and Research Settings**

Cradock O'Leary, J. & Turret, J. (2026, November). Live scoring and interpretation of a Thurston Cradock Test of Shame protocol. Webinar to be presented at [testofshame.com](http://testofshame.com)

Cradock O'Leary, J. (2026, September). *Evaluating Shame with the Thurston Cradock Test of Shame (TCTS): Administration, Scoring and Interpretation*. Webinar to be presented at [testofshame.com](http://testofshame.com)

Cradock O'Leary, J. (2026, September). *Psychological assessment of shame: Clarifying the hidden dynamics that keep clients stuck*. Grand rounds webinar to be presented at the Society for Personality Assessment, Albany, NY

Cradock O'Leary, J. (2026, August). *Evaluating Shame with the Thurston Cradock Test of Shame (TCTS)*. Webinar to be presented at the Wendt Center, Washington, DC

Cradock O'Leary, J. (2026, January). *Using the Thurston Cradock Test of Shame (TCTS) in Therapeutic Assessment: From Administration through Assessment Intervention Session*. Webinar presented at [testofshame.com](http://testofshame.com)

Cradock O'Leary, J. (2025, September). *Using the Thurston Cradock Test of Shame (TCTS) in Therapeutic Assessment: From Administration through Assessment Intervention Session*. Webinar presented at [testofshame.com](http://testofshame.com)

Craddock O'Leary, J. (2025, June). *Evaluating shame with the Thurston Craddock Test of Shame (TCTS)*. Webinar presented at The Ardent Grove Foundation, Denver, CO

Craddock O'Leary, J. (2024, October). *"The gold to be mined psychotherapeutically": Identifying and working with shame in therapy*. Workshop presented at Goldbelt Glacier Health Services, Fairbanks, AK

Craddock O'Leary, J. (2024, October). *Thurston Craddock Test of Shame (TCTS) protocol scoring and interpretation*. Training provided as part of N. Nakamura, M. Murakami, N. Nakamura, S. E. Finn and Jacob A. Palm, 3-day workshop, "Live Therapeutic Assessment: TA of a Client with Severe Shame," Asian-Pacific Center for Therapeutic Assessment, Tokyo, Japan

Craddock O'Leary, J. (2024, June). *Assessment of Shame with the Thurston Craddock Test of Shame (TCTS), part 2*. Guest lecture webinar presented at the Internship Assessment Seminar, University of Denver Graduate School of Professional Psychology, Denver, CO.

Craddock O'Leary, J. (2024, May). *Assessment of Shame with the Thurston Craddock Test of Shame (TCTS), part 1*. Two-part guest lecture webinar presented at the Internship Assessment Seminar, University of Denver Graduate School of Professional Psychology, Denver, CO.

Craddock O'Leary, J. (2024, May). *Evaluating shame with the Thurston Craddock Test of Shame (TCTS)*. Webinar presented at The Ardent Grove Foundation, Denver, CO

Craddock O'Leary, J. (2024, March). *An Introduction to the Thurston Craddock Test of Shame (TCTS): Theory and Administration*. Part 2 of 2 webinars provided to clinical supervisors at WestCoast Children's Clinic, Oakland, CA

Craddock O'Leary, J. (2024, March). *An Introduction to the Thurston Craddock Test of Shame (TCTS): Scoring and Interpretation*. Part 1 of 2 webinars provided to clinical supervisors at WestCoast Children's Clinic, Oakland, CA

Craddock O'Leary, J. (2023, November). *Case Consultation on a Client with Severe Shame: Thurston Craddock Test of Shame (TCTS)*. Training provided as part of S. E. Finn, N. Nakamura, A. Crisi, F. Fantini and J. Craddock O'Leary's 2-day workshop, "A Case Consultation on a Client with Severe Shame," Asian-Pacific Center for Therapeutic Assessment, Tokyo, Japan

Craddock O'Leary, J. (2023, May). *Using the TCTS to assess shame and defenses against shame*. Training provided as part of S. E. Finn, N. Nakamura, A. Crisi, F. Fantini and J. Craddock O'Leary's 2-day workshop, "It's all my/your fault": Recognizing shame and defenses against shame in psychological assessment, Asian-Pacific Center for Therapeutic Assessment, Tokyo, Japan

Craddock O'Leary, J. (2023, May). *A brief review of the Thurston Craddock Test of Shame*. Training to be provided as part of S. E. Finn, N. Nakamura, A. Crisi, F. Fantini and J. Craddock O'Leary's 2-day workshop, "It's all my/your fault": Recognizing shame and defenses against

shame in psychological assessment, Asian-Pacific Center for Therapeutic Assessment, Tokyo, Japan

Craddock O'Leary, J. (2023, April). *Assessment of Shame with the Thurston Craddock Test of Shame (TCTS)*. Two-part guest lecture webinar presented at the Internship Assessment Seminar, University of Denver Graduate School of Professional Psychology, Denver, CO.

Jenny, Edward B. and Craddock O'Leary, J. (2023, March). *Bringing attachment and shame out of the clinical darkness*. Webinar presented at Move Forward Counseling, LLC, Lancaster, Hershey and Pittsburgh, PA

Craddock O'Leary, J. (2023, January). *Evaluating shame with the Thurston Craddock Test of Shame (TCTS)*. Webinar presented at the Collaborative Assessment Association of the Bay Area, Oakland, CA

Craddock O'Leary, J. (2022, October). *A brief review of the Thurston Craddock Test of Shame (TCTS)*. Informal presentation given at the Collaborative Assessment Association of the Bay Area, Oakland, CA

Craddock O'Leary, J. (2022, August). *Understanding and addressing shame in clinical work*. Webinar presented at Jenison Psychological Services, Jenison, MI

Craddock O'Leary, J. (2022, July). *Understanding and addressing shame in clinical work*. Webinar presented at Montana State University Counseling & Psychological Services, Bozeman, MI

Craddock O'Leary, J. (2022, June). *Evaluating shame with the Thurston Craddock Test of Shame (TCTS)*. Webinar presented at The Ardent Grove Foundation, Denver, CO

Craddock O'Leary, J. (2022, June). *Understanding and addressing shame in clinical work*. Webinar presented at Sentience Psychological Services, PLLC, Phoenix, AZ

Craddock O'Leary, J. (2022, April). Using the Thurston Craddock Test of Shame (TCTS) to mine for "psychotherapeutic gold." Workshop presented at the Colorado Assessment Society, Colorado, CO

Craddock O'Leary, J. (2021, January). *Using the Thurston Craddock Test of Shame (TCTS) in Therapeutic Assessment: From administration through Assessment Intervention Session*. Zoom webinar presented through the Therapeutic Assessment Institute, Austin, TX

Craddock O'Leary, J. (2020, September). *Evaluating the sleeper in psychopathology: A Review of the Thurston Craddock Test of Shame (TCTS)*. Zoom webinar presented to a graduate supervision group at Fuller Psychological and Family Services, Pasadena, CA

Finn, S. E., & Craddock O'Leary, J. (2019, November). *Administering, Scoring and Interpreting the Thurston Craddock Test of Shame (TCTS)*. Workshop presented at the Asian-Pacific Center for Therapeutic Assessment, Tokyo, Japan

Craddock O'Leary, J. (2019, July). *Evaluating the sleeper in psychopathology: A Review of the Thurston Craddock Test of Shame (TCTS)*. Presentation given to the Colorado Assessment Society, Denver, CO

Craddock O'Leary, J. (2019, July). *Administration and scoring of the Thurston Craddock Test of Shame (TCTS) for research studies*. Presentation at Immaculata University, Immaculata, PA

Craddock O'Leary, J. (2019, May). *Using the Thurston Craddock Test of Shame (TCTS) to evaluate shame in clients*. Lunch session presented as part of S. E. Finn's workshop, Working with Shame in Psychotherapy and in Psychological Assessment, Anchorage, AK

Craddock O'Leary, J. (2018, November). *Scoring and interpreting the Thurston Craddock Test of Shame (TCTS)*. Training provided as part of S. E. Finn and N. Nakamura's live Therapeutic Assessment workshop, "What is my Teenager Doing to Me?!": Using Therapeutic Assessment to Shift Projective Identification in Adolescents and Their Families, Asian-Pacific Center for Therapeutic Assessment, Tokyo, Japan

Craddock O'Leary, J. (2018, November). *Questions and answers about the Thurston Craddock Test of Shame (TCTS)*. Lunch session as part of S. E. Finn and N. Nakamura's live Therapeutic Assessment workshop, "What is my Teenager Doing to Me?!": Using Therapeutic Assessment to Shift Projective Identification in Adolescents and Their Families, Asian-Pacific Center for Therapeutic Assessment, Tokyo, Japan

Craddock O'Leary, J. (2017, November). *Using the Thurston Craddock Test of Shame (TCTS) to evaluate shame in clients*. Lunch session, Asian-Pacific Center for Therapeutic Assessment, Tokyo, Japan

Craddock O'Leary, J. (2017, November). *A Brief review of the Thurston Craddock Test of Shame (TCTS)*. Mid-workshop training as part of S. E. Finn's workshop, Working with Shame in Psychotherapy and in Psychological Assessment, Asian-Pacific Center for Therapeutic Assessment, Tokyo, Japan

Craddock O'Leary, J. (2010, November). *Understanding and treating your client's shame*. Training presented to staff members at Genesis Recovery Services, Inc., Anchorage, AK

Craddock O'Leary, J. (2010, September). *Advanced training in the Thurston Craddock Test of Shame (TCTS): Administration, scoring, and interpretation*. Training presented to clinical staff at The Forensic Center, Chicago, IL

Craddock O'Leary, J. (2010, September). *Evaluating and treating shame with the Thurston Craddock Test of Shame (TCTS)*. Continuing education workshop presented to faculty members and forensic practicum site supervisors affiliated with The Chicago School of Professional Psychology, Chicago, IL

Craddock, J. A. (2000, March). *The Thurston-Craddock Test of Shame: Shame dynamics in the persistently mentally ill*. Inservice presented at Inter-Community Alternatives Network, Pasadena, CA

Craddock, J. A. (1999, September). *Shame assessment with the Thurston-Craddock Test of Shame (TCT)*. Inservice presented at LaVie Center, Pasadena, CA

Craddock, J. A. (1999, June). *Lifting the veil of shame*. Grand rounds presented at the Loma Linda University Department of Psychiatry, Loma Linda, CA

Craddock, J. A. (1999, March). *Interpersonal & intrapsychic dimensions of shame: Implications for the chronically ill patient*. Inservice presented at the Cardiomyopathy Program at the Loma Linda University International Heart Institute, Loma Linda, CA

Craddock, J. A. (1998, September). *Shame: Projective assessment with the Thurston-Craddock Test of Shame (TCT)*. Inservice presented at the continuing education meeting of Kaiser Permanente's psychology department, Los Angeles, CA

### **Academic Guest Lectures**

Craddock O'Leary, J. (2026, September). *Shame: The gold to be mined psychotherapeutically*. Clinical rounds webinar to be presented to students, faculty and alumni at Eastern University, St. Davids, PA

Craddock O'Leary, J. (2026, July). *A brief review of the Thurston Craddock Test of Shame (TCTS)*. Guest lecture webinar presented to a graduate level Assessment Seminar class at the University of Denver Graduate School of Professional Psychology, Denver, CO

Craddock O'Leary, J. (2026, June). *Shame dynamics in clinical work: Therapy, assessment and supervision*. Guest lecture webinar to be presented at a doctoral-level class. University of Detroit Mercy, Detroit, MI.

Craddock O'Leary, J. (2026, April). *Shame in clinical work: Theory and practice*. Invited lecture presented at PsyD Day, Immaculata University, Immaculata, PA.

Craddock O'Leary, J. (2026, January). *Administering, scoring and interpreting the Thurston Craddock Test of Shame (TCTS)*. Guest lecture webinar presented at a doctoral-level advanced assessment class. Fuller Graduate School of Psychology, Pasadena, CA.

Craddock O'Leary, J. (2025, November). *Evaluating shame with the Thurston Craddock Test of Shame (TCTS)*. Guest lecture webinar presented at a doctoral-level projective assessment class. Fielding Graduate University, Santa Barbara, CA.

Craddock O'Leary, J. (2025, July). *Thurston Craddock Test of Shame case presentation*. Guest lecture webinar presented to a graduate level Assessment Seminar class at the University of Denver Graduate School of Professional Psychology, Denver, CO

Craddock O'Leary, J. (2025, June). *Assessment of shame with the Thurston Craddock Test of Shame (TCTS)*. Guest lecture webinar presented to a graduate-level class at The Wright Institute, Berkeley, CA

Cradock O'Leary, J. (2025, February). *Assessment of shame with the Thurston Cradock Test of Shame (TCTS): parts 1 and 2*. Guest lecture webinars presented to an internship assessment seminar at the University of Denver Graduate School of Professional Psychology, Denver, CO

Cradock O'Leary, J. (2025, January). *Administering, scoring and interpreting the Thurston Cradock Test of Shame (TCTS)*. Guest lecture webinar presented at a doctoral-level advanced assessment class. Fuller Graduate School of Psychology, Pasadena, CA.

Cradock O'Leary, J. (2024, September). *Understanding and addressing shame in psychotherapy*. Guest lecture webinar to be presented at a graduate-level therapy class. La Facultad de Ciencias Biomédicas, Universidad Austral, Pilar, Buenos Aires, Argentina

Cradock O'Leary, J. (2024, April). *Understanding and addressing shame in clinical work*. Guest lecture webinar presented at an advanced therapy class at the University of North Texas, Denton, TX

Cradock O'Leary, J. (2023, April). *Shame in clinical work: Theory, therapy and assessment*. Guest lecture webinar presented to a graduate level class at the California School of Professional Psychology, Alliant International University, San Francisco, CO

Cradock O'Leary, J. (2023, February). *Evaluating shame with the Thurston Cradock Test of Shame (TCTS)*. Guest lecture webinar presented to a graduate level Advanced Personality Assessment class at the University of Denver Graduate School of Professional Psychology, Denver, CO

Cradock O'Leary, J. (2022, November). *Evaluating shame with the Thurston Cradock Test of Shame (TCTS)*. Guest lecture webinar presented to a graduate level Assessment Seminar class at the University of Denver Graduate School of Professional Psychology, Denver, CO

Cradock O'Leary, J. (2022, April). *Evaluating shame with the Thurston Cradock Test of Shame (TCTS)*. Guest lecture presented to a graduate level Advanced Personality Assessment class at the University of Denver Graduate School of Professional Psychology, Denver, CO

Cradock O'Leary, J. (2010, September). *Evaluating and treating shame with the Thurston Cradock Test of Shame (TCTS): Clinical, forensic, and research applications*. Guest lecture presented to graduate students at The Chicago School of Professional Psychology, Chicago, IL

Cradock O'Leary, J. (2010, August). *Evaluating shame with the Thurston Cradock Test of Shame (TCTS)*. Guest lecture presented at a graduate level class at Fuller Graduate School of Psychology, Pasadena, CA

Cradock, J. A. (1999, November). *Projective assessment with the Thurston-Cradock Test of Shame (TCT)*. Invited guest lecture presented at an advanced assessment class in the Marriage and Family Doctoral Program at Fuller Graduate School of Psychology, Pasadena, CA

## **Community Groups**

Cradock, J. A. (1999, May). *Shame and the child*. Invited presentation given at the Spring symposium of the Los Angeles County School Nurses Association and the Los Angeles Council of School Nurses, Burbank, CA

Cradock, J. A. (1998, October). *Shame: Healthy community responses*. Invited presentation given at a meeting of the Pasadena Community Resource Board, Pasadena, CA

Cradock, J. A. (1998, June). *Shame and children*. Guest lecture given at a parenting class at the First Church of the Nazarene, Pasadena, CA

## **MEDIA**

Cradock O'Leary, J. (2020, March). Interviewed podcast guest. *Shame with Dr. Julie Cradock O'Leary*. Homework is Stupid. <https://www.homeworkisstupid.com/blog/shame-with-dr-julie-cradock-oleary>

Cradock O'Leary, J. (2019, July). Interviewed podcast guest. *Assessing Shame with Dr. Julie Cradock O'Leary*. The Testing Psychologist. <http://www.thetestingpsychologist.com/ttp-92-dr-julie-cradock-oleary-assessing-shame/>

## **SHAME RESEARCH EXPERIENCE**

Independent Shame Researcher (July 1999 – present)

Shame Research Team, Fuller Graduate School of Psychology

- Research Assistant (September 1997 – July 1999)
- Member (September 1994 – July, 1999)

Dissertation, Fuller Graduate School of Psychology (May, 1999)

Cradock, J. A. (1999). The Thurston-Cradock Test of Shame (TCT): Construct and discriminant validity. *Dissertation Abstracts International: Section B: Sciences & Engineering*, 60(4-B), 1847.

Master's Thesis, Fuller Graduate School of Psychology (July, 1997)

Cradock, J.A. The Thurston-Cradock Test: A Pilot Study for Measuring Shame with a Projective Instrument

## **DISSERTATION COMMITTEE MEMBER**

Keely, T. C. (2022). "It's right below the surface": Clinicians' experiences of shame in therapy work with adult clients with body shame, body image concerns or eating disorder(s). University of Denver, Denver, CO. [https://digitalcommons.du.edu/capstone\\_masters/447/](https://digitalcommons.du.edu/capstone_masters/447/)

Meier, K. E. (2003). The role of shame in adolescent victim and bully behaviors: A validation study of the Thurston-Cradock Test of Shame. *Dissertation Abstracts International: Section B: Sciences and Engineering*, 63(9-B), 4379.

Rote, S. D. (2002). The Thurston-Cradock Test of Shame: A construct validity study.  
*Dissertation Abstracts International: Section B: Sciences and Engineering*, 63(2-B), 1046.

Botero, R. K. P. (2001). Shame in adolescence: A pilot-study using the Thurston-Cradock Test.  
*Dissertation Abstracts International: Section B: Sciences and Engineering*, 62(2-B), 1066.